

# Protect Our HOPI/TEWA PEOPLE

# STOP the SPREAD of COVID-19

**Itam nawus it  
hikwis'ùutstuyat  
söowu'ytoynayani**

STAY HOME

STAY SAFE

SAVE LIVES

Uma haak umùukikiy ang sun huruyese' naavaasye' hakimuy qatsiyamuy ayo' o'yani.

## STAY INFORMED

**The Hopi Tribe** Look for announcements and educational materials at [www.hopi-nsn.gov](http://www.hopi-nsn.gov)

**KUYI** Listen to **KUYI Hopi Radio 88.1** for regular updates

### DO:

- Stay home
- Watch a movie
- Plant a garden
- Read a book
- Call a friend on the phone
- Take this time to learn something new about Hopi values.
- Learn our language
- Sew a homemade mask for yourself.
- Follow social distancing rules and stay 6 feet apart.

### USE CAUTION:

- Grocery shopping  
*Try not to go at peak hours  
Send only ONE family member*
- Picking up medications
- Exercising in public spaces
- If you MUST go out, wear a mask or face-covering. Wash your hands as soon as possible or use hand sanitizer.

### DON'T:

- Take your entire family to the store
- Visit crowded places
- Hang out in groups
- Hold family gatherings – don't risk their health or yours
- Gather in groups at the basketball court
- Go to your boyfriend/girlfriend's house
- Visit/invite others from another community

### Remember Our Hopi Traditional Ways

Some of our traditional practices and ceremonies that involve larger groups may have to be put on hold for a while but remember, our traditions are always with us.

*Hopi translation provided by Daryn Melvin.*



Hopi Emergency Response Team | Emergency Operations Center

KEY CONTACT INFORMATION

**Weekdays:** 8:00 a.m. – 5:00 p.m. MST (928) 734-3661 and (928) 734-3663  
**After hours | Weekends:** after 5:00 p.m. MST (928) 205-7295

**Indian Health Services Hotline:** (928) 737-6188

